

# summer strength camp

## toro weight room schedule

beginning monday may 23rd



incoming  
freshman: 6-7a Mon, Tues, Thu & Fri



junior varsity: 7-8a Mon, Tues, Thu & Fri



varsity: 4-5:30p Mon, Tues, Thur & Fri



Player Name: \_\_\_\_\_ '22 Team: Freshman \_\_\_\_\_ JV: \_\_\_\_\_ Varsity: \_\_\_\_\_

Parent/Guardian Name \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_



I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Rafter7Sports & Mesa Public Schools and MV High School from any claim arising out of any injury to my child.

Does your child have health conditions/concerns of which staff should be aware? YES or NO If so, please explain:

\_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Payment: \$125 Venmo to @mvtclinics or Checks payable to Rafter7Sports, a 501c3 Non Profit.

Clinic owned and operated by Rafter7Sports at rented facilities and is not sponsored by MV or MPS